

Dear students,

We invite you to participate in this survey on mental distress, self-harm and associated factors among Sri Lankan university students, conducted by the Department of Psychiatry, University of Kelaniya in collaboration with the Counseling and Psychological Support Unit, University of Peradeniya.

**All university students are invited to take part by completing this short (5-10 minute) online survey.**

**More information and the survey link are available here in Sinhala, English and Tamil:**

[https://docs.google.com/forms/d/e/1FAIpQLSfoHONIZd97ToTLz9dacOMMucil6kxGUsh2GsMhSQjCVql\\_iw/viewform?usp=header](https://docs.google.com/forms/d/e/1FAIpQLSfoHONIZd97ToTLz9dacOMMucil6kxGUsh2GsMhSQjCVql_iw/viewform?usp=header)



Your participation in this study is highly appreciated.

Thank you,

Dr. Rasangi Adicaram

Director, Counseling and Psychological Support Unit (CaPSU)

University of Peradeniya